

ELIXIR™

SKINCARE

USAGE TABLE FOR **NORMAL TO COMBINATION** SKIN

PRODUCT	USAGE	DIRECTIONS	SKIN TYPE	AGE
PRIMARY SKINCARE				
Balancing Cleanser	a.m. & p.m.	Massage the required amount on damp skin with fingertips, rinse off.	Combination-oily/problematic/sensitive.	All
Balancing Toner	a.m. & p.m.	Mist over skin or wipe over with cotton pads after cleansing.	Combination-oily/problematic/sensitive.	All
Skin Refining Scrub	2 x week	Apply to a cleansed skin, gently massage in circular movements using fingertips, rinse off.	Combination-oily/problematic/sensitive.	All
Balancing Day Cream	am	Massage into face, neck and décolleté after cleansing, toning and eye balm.	Combination-oily/problematic/sensitive.	All
Balancing Night Cream	pm	Massage into face, neck and décolleté after cleansing, toning and eye balm.	Combination-oily/problematic/sensitive.	All
Firming Eye & Lip Balm	a.m. & p.m.	Apply to the eye contour and around lips (not to be used on lips) before day and night cream.	All skin types.	All
SECONDARY SKIN CARE				
Regenerating Anti-Ageing Cream	a.m. & p.m.	Apply and massage into face, neck and décolleté. Can be used with, or instead of, balancing day or night creams.	Normal to combination skin, skin starting to show the first signs of ageing.	25+
Pro Collagen Repair Cream	a.m. & p.m.	Apply and massage into face, neck and décolleté 1 x per day or as an alternative to night cream.	A more mature skin showing lines in need of plumping action.	40+*
Age Defying B20 Cream	a.m. & p.m. for the first 2 weeks, after that only once a day	Apply before appropriate day and/or night cream concentrating on lined areas and wrinkles.	Introduce when signs of wrinkles appear! For less wrinkled skin; can be used only in targeted areas around eyes and mouth.	45+*
Derma Gel Face Treatment	2 - 3 x week	Apply a thick layer avoiding eye area, leave for 10 - 15mins and wash off. Can be used in a thin layer as a night cream.	All skins- normal, dry, combination, sensitive, oily, reactive.	All
Harmonizing Facial Oil	Multi-purpose	Apply to skin as and when required under creams and or masks	Normal to combination skin - apply 2 - 3 x week, oily skin 1 - 2 x week.	All

*Or younger if premature ageing is already present.